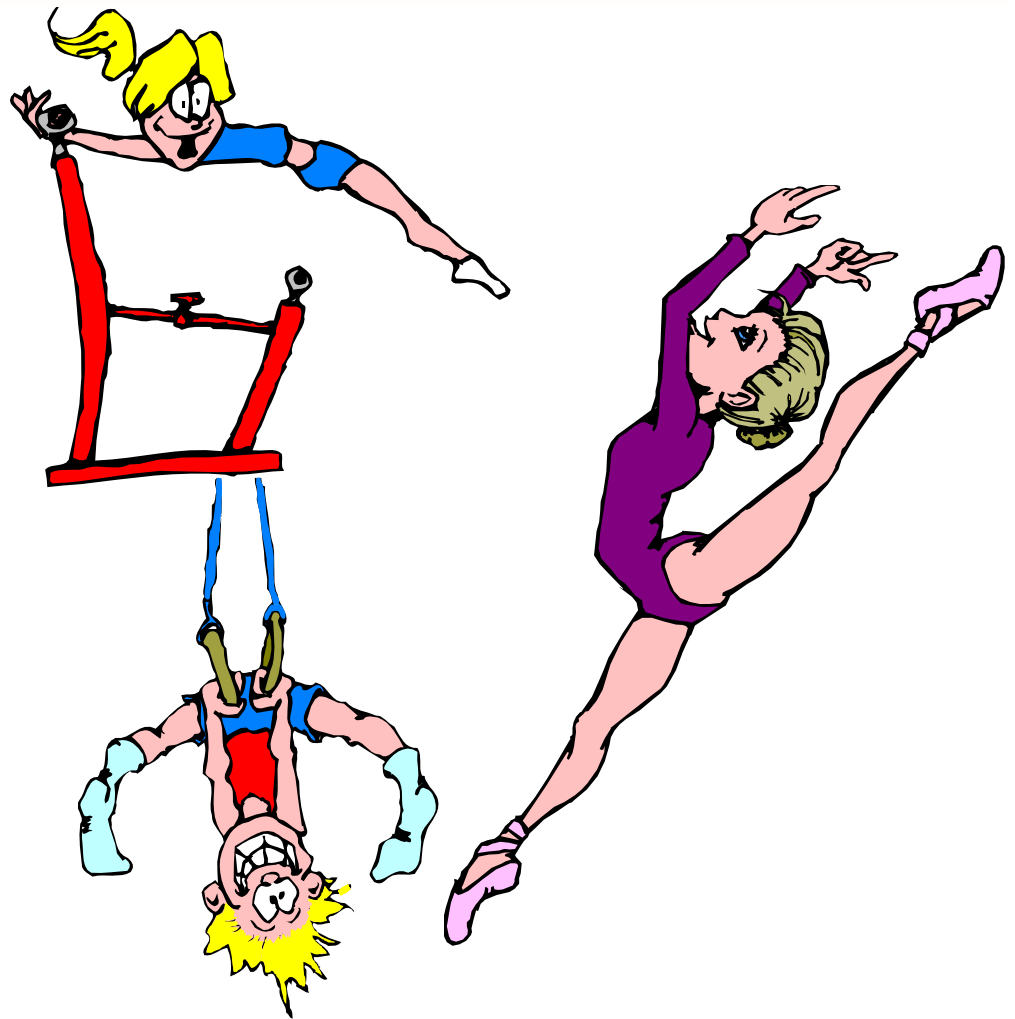


Welcome to



Educating Children
Through Sport.

We strive for all Members, Staff and Visitors to abide by and believe in AGDA's:-

- Unifying Principles
- Company Mission Statement
- Company Philosophy



Unifying Principles are:-

- Respect for all
- Open Learners, Educators and Communication
- Responsible Actions and Reactions
- Respect for the Company
- Serious, Safe Fun

AGDA Philosophy and Mission is:-

- Educating Through Sport.
- We have passion for Our Company, Responsibilities and Clients.
- Having the opportunity to contribute to our Clients', Co-workers' and Families' lives in an exciting, energetic, informative manner is our motivation.

What are the Benefits of Gymnastics?

Besides gymnastics being an incredibly challenging, as well as fun sport it might surprise you just how important this experience would be for children as well as adults. Participation in gymnastics goes way beyond learning handstands and cartwheels. Gymnastics offers fundamental gymnastics education for children who enjoy gymnastics as recreation and those who wish to apply gymnastics to related fields such as dance, cheer, diving, or martial arts and many, many more sports.

Many parents say to us:-

- 'my child is built too big for gymnastics'
- 'our child doesn't have enough upper body strength to do gymnastics'
- 'my child's not coordinated enough to do gymnastics'

These are the children who NEED Gymnastics the most, to develop the health and fitness, the strength and coordination for life!

Have you ever heard stories of elite athletes whose sporting careers started with GYMNASTICS? Gymnastics is an excellent avenue for gaining confidence, athletic coordination, and personal growth.

AGDA programs promote and develop :

- | | | |
|-----------------------|-----------------------------|-------------------------|
| ✓ Body Awareness | ✓ Co-ordination and Balance | ✓ Muscular Strength & |
| ✓ Individual learning | ✓ Fine & Gross Motor Skills | Endurance for Posture. |
| ✓ Self-confidence | ✓ School Readiness | ✓ Fun, Safe Challenging |
| ✓ Discipline | ✓ Visual Tracking for | Movement Experiences |
| ✓ Social skills | Reading | |

AGDA's Recreational Programs

This is where the real fun begins with exploring more of what gymnastics has to offer. Gymnastics, like physical fitness and good health is a yearly program. Skills and motor developments are taught in our fundamentally sound, logical, progressive classes.



We recommend consistent participation for the full benefits of the sport. AGDA's terms follow from one to the next with no breaks. This helps to maintain a gymnast's strength and flexibility, allowing for continued and productive advancement throughout the year. Additional programs such as the camps, workshops and social events are great ways to improve and build on the friendships made in the gym.

If at any time, you feel your child would like to trial competition gymnastics, please speak to your coach and/or AGDA Administration as to when the next competitive intake will be.

How to join an AGDA Recreational Program:-

- Please ring our friendly Customer Service staff and they will assist you in finding the most age appropriate and skill based class. A trial can be organised so your child can 'taste' an AGDA Program to experience the benefits.
- Drop in and speak with one of our Friendly Customer Service Officers and view a program.
- Book your free trial via AGDA's website at www.agymda.com.au
- Attend an open day. When attending an open day our staff will be able to make a quick assessment as to which program will be most suitable for your child. Open days are held throughout the year.



AGDA's Kindergym Krew Program develops:-

- Fine and Gross Motor Development
- Social Behaviour and Self Confidence
- Preparing for school by developing listening skills, strength in the hands for pencil grip, muscular strength/endurance and crossing the midline for the development of reading and writing.
- Our Kindergym Krew Members are welcome to attend two lessons per week for their tuition fee.

AGDA's Kindergym Krew Koala and Wombat classes are parental involvement programs and lead into our Joey Program.

At the Joey stage we are assisting in the readiness for school, with the gymnast participating in a teacher to class environment. Each Term has a theme and all lessons will relate around the theme with a special 'Shape of the Day'.



These programs are parental involvement program, which means an adult **must be in attendance** to assist their child to perform the skills. The children learn to use all the apparatus in the gym and how to:

- | | |
|---|---|
| ✓ Roll in all directions. | ✓ Land and Fall safely |
| ✓ Jump and land from two feet and one foot. | ✓ Swing on equipment |
| ✓ Take their body weight on their hands. | ✓ Balance |
| ✓ Climb in all directions. | ✓ Safety Entrances and Exits to all skills and apparatus. |
| ✓ Increase hand-eye coordination using Hand apparatus | |



All of which assist in preparing your child for school.

The Kindergym Krew syllabus is a step by step skill progression program aimed at teaching gymnastics skills at an age-appropriate and skill-appropriate level for each child. When your child/ren move/s to the next award they receive a certificate to celebrate their success. This syllabus is designed to be able to teach gymnastics skills correctly in a fun, stress free, challenging environment.



Also throughout the year our Kindergym Krew Program hosts a Bring a Friend Day so you can invite a friend (Guest Gymnast) who is non-member of AGDA to come and try for the day (please note the guest gymnast must be of the same age as your child for safety). The AGDA Kindergym Krew Program is also great in educating parents on how to 'spot' their child on the equipment.

Please note:- if you have younger children they will have to be supervised by another parent and/or guardian. Unfortunately, due to insurance and safety, they cannot be on the floor during a class. Only enrolled members are covered by insurance. It's a mixed gender class with no more than eight children per coach. All Kindergym Krew gymnasts must purchase an AGDA Shirt to wear whilst training for safety and to help make all gymnasts feel part of the TEAM!

All Kindergym Krew programs advance into AGDA's Progression to Purpose Programs.



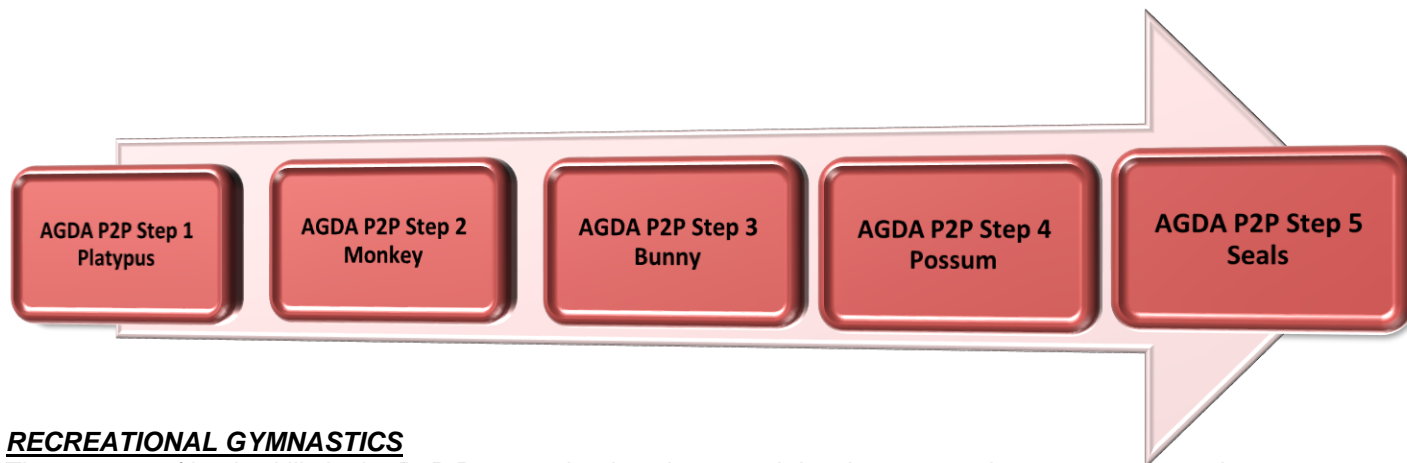
Progressions to Purpose (P2P) :-

is AGDA's 5 Step beginner, school age entry level program to Recreational Gymnastics.

This program provides:-

- ✓ Tuition of gymnastic skills from beginner steps through to advanced.
- ✓ Each child commences in the appropriate class/award, learning gymnastic skills on each apparatus.
- ✓ All skills are individually monitored during class and assessed at testing week which is week nine of each term.
- ✓ Each award holds important movement learning drills that are essential to master before moving to the next award.
- ✓ At this level of learning the best way for a child to learn and develop the necessary strength is through repetition of movement. Over the course of their gymnastics experience, you will see shapes and movements repeated over and over.
- ✓ Once a gymnast has mastered all skills they progress to the next Award.

Please note:- P2P program is mixed gender (unless specified) classes.



RECREATIONAL GYMNASTICS

The mastery of basic skills in the P2P Program leads to increased development and advancement through the National Levels Programs. To move from one level to the next the gymnasts MUST pass both stages of testing.

Each level has a set of Benchmark Skills and routines that must be achieved BEFORE moving to the next level.

All Recreational Gymnasts are tested in class on their benchmarks in week nine of terms one, three and five to measure the success of skill progression (Stage 1 of the test process).

In terms two and four the gymnasts master the Level routines (Stage 2 of the testing process) and compete these at an AGDA Club Competition at the end of terms two and four.



COMPETITION GYMNASTICS

AGDA competes in external competitions at Regional, State, National and International level. Our AGDA Competition stream is the AGDA Stars Program. This program is for gymnasts who have great commitment, talent and ability to reach the highest level of gymnastics and have the opportunity to experience Regional, State and National competitions.

It is our responsibility to approach our AGDA parents if we notice a child with competition ability. The decision to join an AGDA Competition team, once your child has been invited, is completely up to the parents. We support all decisions made by our AGDA families and our goal is to give each child the best opportunity possible at their chosen sport and level.

If you feel your child has the ability for competition and the commitment level, please contact us at reception or email info@agynda.com.au so we can arrange a trial. Please note joining a competition team is a big family commitment. There are weekend competitions, training, uniforms to purchase and also tours. It is expected that families will schedule the majority of their family holidays around competition seasons and respect the requirements set out in their competition agreement and contract.

If you are joining our AGDA Stars Competitive Program please make sure you receive your AGDA Competition Handbook.



Registering for a Free Trial

You can register for a free trial at any time via our website www.agymda.com.au or by calling our Admin Angels. Upon registering you will receive a confirmation email.

Please note: a new member registering into a program with payment will take priority over trialling members. So if you are booking in for a trial and that class is close to capacity, be aware that you may be asked to reschedule to another day if that class becomes full (you will receive a phone call if this occurs). However, you can secure your position by paying and booking into the program. When a member of our Admin Angels calls you to confirm the booking, please request this option to book and pay to secure your spot. If joining part way through a term AGDA will pro rata your fees from your starting date.

New Students

If you are looking at enrolling more than one child please note that AGDA gives a 10% discount on tuition fees for 2nd and more family members who join. The discount is calculated on the lesser fees. *The discount is taken off the lesser lower fee.*

Register anytime, in fact, as soon as possible (disregard the Priority Deadline as this only applies to *Current and Previous Students*). Upon receipt, *New Students'* registrations are dated and placed in the *Holding File*. After the Priority Deadline passes, the *Holding File* is opened and *New Students* are placed in classes based on their dated order. Assume your 1st class choice has been accepted, as AGDA will *not* contact you unless there is a difficulty supplying your 1st choice. Remember, "no news is good news".

Priority Deadline is the deadline by which CURRENT STUDENTS must pay tuition for their priority over NEW or PREVIOUS STUDENTS. Families who would rather not worry about the Priority Deadline should consider the Paysmart program of paying fees weekly, fortnightly or monthly.



AGDA TERMS FOR 2016 Please make sure you enrol into the correct term:-

Term One: 8 th Jan – 10 th March 2018	Priority Deadline for Term Two: 4 th March
Term Two: 12 th March – 19 th May 2018	Priority Deadline for Term Three: 12 th May
Term Three: 21 st May – 28 th July 2018	Priority Deadline for Term Four: 21 st July
Term Four: 30 th Jul – 6 th Oct 218	Priority Deadline for Term Five: 29 th Sep
Term Five: 8 th Oct – 15 th Dec 2018	Priority Deadline for Term One: 2019 8 th Dec 2018

Competitive Teams Blocks (for Competitive Teams only)

Block One: Jan- Feb fees due 15th Dec
Block Two: Mar-April fees due 15 Feb
Block Three: May-June fees due 15th April
Block Four: July-Aug fees due 15th June
Block Five: Sept-Oct fees due 15th Aug
Block Six: Nov-Dec fees due 15th Oct



Themed weeks at AGDA

Each of our Weeks have themes to assist with the best learning practices and consistency for our members....

Week One	Week Two	Week Three	Week Four	Week Five	Week Six	Week Seven	Week Eight	Week Nine	Week Ten
Safety Week	Feedback Week	Dress Up Week	Bring A Friend Week	Safety Week	Fire Drill Week	Skill/Routine Training Week	Revising for Testing Week	Testing Week	Challenge Week
We make sure a clear understanding is established with landings, entries and exits to apparatus and Gym Rules.	You will receive a call from an AGDA Admin Angel to touch base and see how your family is enjoying the AGDA Experience.	We raise funds with a gold coin donation for the local Children's Hospital Ward by dressing up in a Term Theme.	Invite a Friend of similar age to trial at AGDA. Also see our loyalty program.	We make sure a clear understanding is established with landings, entries and exits to apparatus and Gym Rules.	A quick practise of what happen in emergency situations.	Skill training focusing on our testing skills and routines.	Revision before the exciting week of testing.	Where we celebrate the skill development and progress.	We have some fun challenging our members on the skills to expect next term!

Let's ring the Bell!

RINGING OF THE BELL!

At AGDA we like to catch our students doing the right things in the gym so when we see a gymnast who achieves a new skill –

- ✓ that they have worked really hard on,
- ✓ have achieved a skill at their first attempt,

their coach may get them to ring the bell so everyone in the gym has the opportunity to cheer that gymnast on!



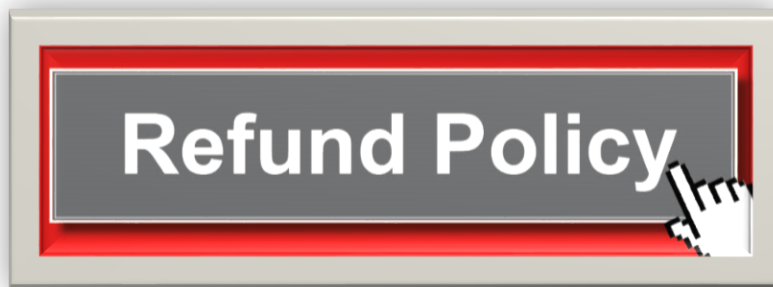
What to wear to the trial and who needs to attend?

Please wear and bring the following:

- Shoes to our venue and then we take them off to train on the equipment.
- All long hair tied back off faces so we can see you!
- Uniforms: Gymnasts can wear Swimmers or bike pants and shirt for girls, Boys - shirt and shorts. Leotards and bike pants are for sale at AGDA Administration.
- No school uniforms please.
- A bottle of water is necessary to keep your child's fluids up during training.

Parents, if you are enrolling your child into our **Parent Involvement Programs** (Kindergym Krew Programs) please wear comfortable clothes that you too can move easily in so you can help your little one. Please make sure arrangements are made for non-enrolled siblings as only registered and insured members can be on the training floor.

It is important to **arrive 10mins before your trial** class and see our Administration Staff so they can answer any questions and make your time at AGDA enjoyable.



AGDA offers a partial refund guarantee on your first term of tuition:-

After paying the required fees for the first term of training and your child does not enjoy the activity, AGDA will refund the remainder tuition fees from the date we receive written notification from you.

However, after the first term, if you book into a program and then during the term decide to cancel there is no refund.

Please see our Fee and Payment Policy for more information.

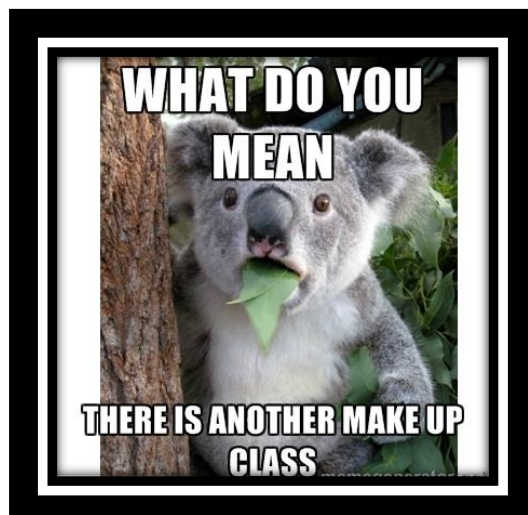
Competitive Teams **MUST** provide a 30 day written notice on ending their membership.

Please note due to **insurance and membership** including external associations these fees cannot be refunded. Feel free to return to AGDA during the year that you have enrolled to benefit from your insurance and membership. Membership and Insurance fees (**Membership Fees**) are due when a new member commences and then at the beginning of each calendar year.

To join an AGDA program all tuition, membership and insurance fees must be paid in full or in the result of payment plan (the Paysmart Program) all documents must be completed and 1st payment made before your child commences training. Failure to abide with conditions will result in your child not permitted into the program.

AGDA Membership Fee

There is an annual registration fee due on the date of your initial enrolment and then at the beginning of each calendar year. Registration must be current in order to participate in any AGDA activity. Please see AGDA's Fee and Payment Policy for more information on the Membership fee.



Make up Classes

We encourage you not to miss any classes and maintain continuity for better results. If for any reason students miss a class, you must let us know in advance. No credits or refunds are given for missed classes.

As a courtesy we will try to offer you the best-fit class that is currently available to make up **but this is not guaranteed.**

As a courtesy we will aim to offer two make up class per term for children who have missed a class; make ups must be done in a similar duration program and vacancies must be available. You can view our Fees and Payment Policy on our website at www.agymda.com.au on the AGDA Policies Page. In the event of extended absences (four weeks or more) due to illness, please contact the Department Leader and or Administration Staff. (Excluding Competitive Programs).

Please understand that we will accommodate your schedule to the best of our ability and availability of classes. If we can offer a make up this is only valid for the term in which the class was missed and you must still be an active member.

Once a make up is scheduled, it cannot be rescheduled. Make sure you do not miss your make up. There will be no refunds or credit for missed classes or make ups.

Medical Treatment

Unfortunately, with all sport there is an assumption of risk. We require your permission for AGDA, its Directors and operators, to seek medical treatment for the participant in the event they are not able to reach a parent or guardian. It is important that you inform us of all possible physical/mental challenges, restrictions, or conditions and/or declare the participant to be in good physical and mental health. We will also require permission for AGDA to seek medical treatment and/or ambulance services to transport your child to the nearest hospital at your cost, should the need arise. All of this information is required on AGDA's Registration form at AGDA Administration.



Photographed/Videoed While Participating at AGDA

No videoing or photographs are permitted of any child at AGDA without permission from the parent and AGDA Director. Doing so breaches the Member Protection Policy and the Privacy Amendment (Private Sector) Act 2000.

AGDA requests permission by each parent to photograph/video their child while participating in any Academy activities. AGDA may use this material for publicity if required, free of charge. If you strongly object, please indicate this on your enrolment form so that we can inform out staff.

Personal Information

The Academy stores member's personal information which is available upon request. A completed registration form, including the medical information, is required each year. It is a requirement that all information is completed and correct to the best of your knowledge. If details change during the year please log in to your members account from AGDA's website to update this information or contact AGDA Administration during office hours.

In accordance with the Privacy Amendment (enhancing Privacy Protection) Act 2012 (amended in 2014), information contained within this registration form, including medical (required to be completed attending AGDA) will be used primarily for matters specifically related to participating in gymnastics. The secondary purpose is related to the primary purpose and one could reasonably expect such use or disclosure.

To assist in providing our services, the organisations to which we disclose your information include:

Gymnastics Australia

Sport Education Sector (ASC)

Insurers

Professional Advisors; Accountants & Lawyers

Gymnastics Queensland

Government and regulatory authorities and other organisations, as required or authorised by law.

We limit the use and disclosure of any personal information provided by us to such organisations for the specific purpose for which we supplied it. If you choose not to provide personal information, we may not be able to provide you with the services you require, or the level of service on which we pride ourselves.



Pick up and Drop Off Policy

It is a safety policy that all participants are collected and dropped off from inside the venue. All participants must wait inside the venue for an authorised person to arrive to pick them up. No participant will be permitted to leave alone.

If you are late in collecting your child, please call AGDA to inform us of the situation. AGDA may charge a late collection fee to accounts.

Sick Children / Disruptive &/or Abusive Children

Please respect the safety of our students and staff by excusing your child from class in case of an illness. We reserve the right to ask ill children to leave the class. In addition, if your child is disruptive or abusive to the students or the class, we may excuse him/her from participating in class. AGDA's staff will follow the AGDA Behaviour Management Plan (found on our Website) and request parents' support with this process. Your cooperation in keeping AGDA healthy and happy is appreciated.



Punctuality

We ask that you arrive 10 minutes prior to the class time in consideration of parking and traffic delays. The first 15 minutes of each class is dedicated to warm-up exercises. This warm-up time is very important and necessary for every student. Warm ups provide physical and mental preparation for the class, and when performed completely, will help prevent injuries. Therefore, if your child arrives late and misses any portion of the warm-up period, he/she can be **denied access TO JOIN THE CLASS**. We recommend students dress for the gym before leaving home. Please pick up your child promptly at the end of his/her class. We are not able to supervise children before or after classes.



Waiting Area

Upon arrival for class, students must wait in/at the gym entrance with their parents. The instructor will call all students from the roll. Students are not permitted on the gym floor or apparatus at any time prior to, or after, their class. Only enrolled students under direct supervision of an instructor are allowed in the activity area.

On departure please wait at this exit to collect your child and gather any information from your coach. Please note that coaches may have to follow on to another class if you require to speak to your coach this can be done via email. All staff email contact details are on the Staff Profile page of the AGDA website www.agymda.com.au.

Parents, guests and siblings are required to wait in our viewing area. All siblings in waiting areas must be supervised. Please do not allow children to 'tumble' or 'rough-house' in the reception or viewing area. Upon leaving, please dispose of all rubbish. **No Food or Beverages are permitted on the gym floor.** Please keep our facility clean!

Parents, please NEVER:-

- *Call out from the sidelines, as this is distracting and dangerous for the athletes and coaches.*
- *Enter the gym to speak to a coach you may walk straight in the path of a training athletes and cause an accident. Please only be on the gym floor to go to the toilet and quickly return to Reception waiting area.*
- *Enter the floor if your child or another child is injured, crying or misbehaving, unless a coach requires your assistance at any time.*



AGDA Holiday Programs

If you can't make it to a camp why not try one of our great holiday clinics! This is a great day to try a gymnastics/dance or tramp and tumbling program before investing in a full term or, are you already an AGDA member and can't get enough of the gym? Then do the clinics to keep up your strength, flexibility and craving for gym!

Our clinics include the following programs:

- Gymnastics Extravaganza
- Tumble Troops

Please see our Events Calendars for more details. Limited places so book in early!



AGDA Rewards Party...

Throughout the year, AGDA hosts Reward Dress up Parties for all our AGDA members to come along have a great time.

It is a great way to make new friends and celebrate with Grandparents and family members the success of what your child/ren has/have learnt and achieved.

This event is free for all Registered AGDA members and Families.



Hosted Gymnastics Parties for all! Your kids get to: run, jump, tumble, slide, swing and climb.
You get to: relax & socialise with guests & go home to a clean house!!!

Have a wonderful party at AGDA, and make it a special event for your child and guests. We offer our entire facility to you for two hours of unforgettable fun activities on SATURDAYS and SUNDAYS. Children will enjoy playing games and participating in fun gymnastics activities while our professional instructors guide them through obstacle courses.

We will decorate our Birthday Area ready for your arrival, and entertain the children for approximately 1½ hour of fun games, activities and gymnastics. The fun is limitless: Starting with stretching and warm-up, the children will go through challenging and tiring obstacles, and get to experience the fun blast of the tumble trampolines, climbing ropes and bars and the balancing beams!

After all these exciting activities, the children will enjoy any food that you may want to bring with you including the Birthday Cake.

Of course, our Birthday Party room is available to your non-participating guests and parents for refreshments and food during children's activities. After the cake and the opening of the presents, the party concludes by all children receiving a gift bag and a Free Lesson Voucher.

To secure the date for your child's special day:-

- A non-refundable deposit is required to make your reservation. Please call our Admin Angels for available dates and times.
- We recommend reserving your party date at least one (1) month in advance.

Your Party includes:

- Cheerful, trained instructor/s *, who set up and decorate the venue, guide the children in the gym, organise and facilitate the party and clean up!
- Party tables decorated.
- Birthday Invitations for all your guests.
- Goodies bags for all of your guests to take home.
- A special gift for the birthday girl/boy.
- *Dependent on guest numbers.



To be supplied by Birthday Guest Family:

- All refreshments and drinks, serving utensils, ice, candles, any "Special" decorations and Birthday cakes.



Each year AGDA organises a sports camp up at Currimundi (Sunshine Coast). These camps are for all ages 7yrs and up to 14yrs, and offer the following:-

- Four nights accommodation
- Fully catered meals including morning/afternoon tea and supper.
- Adventure packed activities of Tennis, swimming (dependant on season), high ropes, canoeing (dependant on season), archery, gymnastics, football, cricket, dance, cheerleading and much, much, more!

Parents, what a great way to organise Childcare for a week of the holidays! Limited places so book in early!



AGDA Sleepovers..

You are invited for a fun and exhausting night at AGDA, while your parents enjoy a night out on the town.

You will have a blast doing GYMNASTICS, CLIMBING ROPE, jumping on the TRAMPOLINE, playing games! Then you will perform SKITS of your own creation and enjoy EXCITING GAMES, MOVIES, and a Sunday morning BREAKFAST. BRING AS MANY FRIENDS AS YOU LIKE.

What we offer

AGDA offers a fun and exhausting night of gymnastics for enrolled students and their friends. Sleepovers are throughout the year and include group warm-ups, gymnastics, watching movies, skits and many more games that are fun.

Limited places so book in early!

Please remember to BE ON TIME!!!

Drop off time: 6:30PM Saturday Night (Please have dinner before attending).

Pickup time: 9:30AM Sunday morning

SHOWCASE

AGDA Showcase

Every year All AGDA members are invited to take part in our AGDA Showcase. This is a wonderful celebration displaying our AGDA members' achievements and talents. The performances on the night display the talents from all AGDA Programs.

For any member to be part of the showcase they must attend all of the rehearsals, which are mainly scheduled during the school holidays.

All AGDA members will start learning part of these routines in their classes. Even if a child is not participating in the showcase, everything they are learning with this display is relevant to their gymnastics/dance training.



Encouragement Feedback, Complaints and Grievances Procedure

Throughout the year AGDA will request members to complete surveys online. Please feel free to give us as much feedback as possible so we can improve our services to you.

[Encouragement Feedback Form](#) Or download from our website at www.agymda.com.au/about-agda/agda-policies

Don't like what we are doing? – Tell US!
Love what we are doing? – TELL EVERYONE!

If at any time you want to give encouragement, or are unhappy or would like more information, please complete AGDA's Encouragement and Feedback Form. This can be found on our website on the home page or ask for a form from Administration.

AGDA cannot investigate a complaint unless it is in writing. We want to make sure no miscommunication occurs with your feedback. We prevent this by requiring written communication.

Section 8 of AGDA's Parents and Spectators Code of Behaviour states *"Do not physically or verbally abuse or harass anyone associated with the sport (participant, coach, judge, etc)"*.

Parents/Spectators are **NOT permitted** to enter the gym floor at any time to speak with a coach. All inquiries MUST go via Administration who will relay written information and/or feedback forms to the required staff, or contact staff via email addresses found on the staff profile page of the AGDA Website.

Breaches of the Parent/Spectator Code of Behaviour will be considered extremely serious and acted upon.



Club Rules, Codes of Behaviour, and AGDA Policies and Procedures

Fees and Payment Policy, Club Rules and Codes of Behaviour are found on the AGDA website and in the 'Now you're part of the AGDA Family' Handbook.

All other policies and procedures are available upon request at Administration or can be found at the AGDA website www.agymda.com.au. Please read these BEFORE registering for an AGDA program.



AGDA Newsflashes and Correspondence

AGDA sends out all correspondence via email, updates on Facebook and the AGDA website. It is the parent's responsibility to read and take note of any important dates and events. AGDA noticeboards and handbooks display the majority of AGDA's information however, the facebook page www.facebook.com/AGDAGYM and website hold all current and updated policies and updates. It is recommended that all members stay updated via these avenues.



Evacuation and Emergency Drills

It is law that evacuation drills are participated in during the year. AGDA is committed to the safety of its members and will hold several drills per year. If you are present at the time of a drill please follow the directions of all AGDA Staff.

AGDA Awards Nights and Yearly Awards to All AGDA Programs

At the end of each year our competitive families and AGDA staff attend a very special evening to celebrate the achievements of our AGDA Stars Members.

At this Awards Night several categories are recognised including:-

WG Gymnast of the Year (Women's)

MG Gymnast of the Year (Men's)

Competitive Coach of the Year



We also like to celebrate the achievements of our recreational programs and Staff. These awards are presented at our annual Showcase.

AGDA Recreational Athlete of the Year

AGDA Recreational Coach of the Year

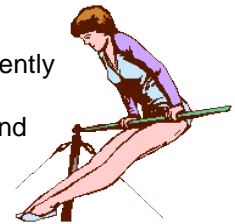
AGDA Volunteer of the Year

These are very special awards and achievements.

AGDA Is A Proud Supporter of the Following Charities

AGDA staff and management work hard in being able to offer great value for money sports programs to the members of our community. Over the past seven years AGDA has developed a strong member-based Academy who, at present consists, of several hundred registered members. We like to support the community that supports us by donating to the following charities:

- AGDA Fundraising Committee
- Caboolture Hospital Children's Ward
- B105 Royal Brisbane Christmas Appeal
- The Starlight Foundation
- The Pink Morning Tea in Support of Breast Cancer Research
- The Kokoda Challenge
- World Vision – Currently sponsoring two children.
- and Local Schools and events.



Thank you families for your support so that in return we can support these charities.

AGDA Fundraising Committee INC.

At AGDA we have a group of parents who have formed a committee. They are a separate entity from our Academy. The committee's mission is to raise funds to help reduce expenses to all AGDA members. Over the past several years the fundraising committee has assisted in sponsoring:

- AGDA members into Fun Comps
- A competition team to travel to Hawaii to compete in the Hawaii Gym Fest
- A competition team to travel to the AIS in Canberra
- A recreational cheerleading team to Sydney to the National Cheerleading workshops, and
- Sponsoring different Awards at AGDA events.

The more support the committee receives, the more they can offer our AGDA members. Please keep an eye out on emails and the AGDA Facebook page www.facebook.com/AGDAGYM for more information on how you can assist and/or become involved. Everyone is welcome!

Events, Class Information

Please refer to our website or Facebook page for the latest Events and Class Information.

OUR LOCATION

**420 Deception Bay Rd Deception Bay
Deception Bay QLD 4508**

Related Links

State Association www.gymqld.org.au
Gymnastics Queensland (GQ)

National Association www.gymnastics.org.au
Gymnastics Australia (GA)

International Association www.fig-gymnastics.com
Federation of International Gymnastics (FIG)

